

## Happiness Survey Yr1-6: Summary

Completed January 2018 (253 responses)

	No		Not Sure		Yes
I like my school	19		33		203
I feel safe at school	9		52		196
Generally at school I feel.....	Really Sad 7	A bit Sad 21	Ok 102	Happy 68	Really Happy 78
Adults listen to me when I have a problem	19		70		169
Write down 2 things that make you happy	Drawing (field, breaks, lunchtime) / playing / friends making me laugh / teachers / learning / swimming / football / PE / when people are nice to me / hugs / sports clubs / people listening to me / art / IT / trips / fun lessons / maths				
Write down 2 things that make you sad	Someone being bossy, rude, unkind, annoying, making fun/ missed lunchtime / lonely no one playing with me / bullying / being pushed, hurt / when I fall over / not being listened to / fighting / swearing / being ignored / boring lessons / friends leaving school / ban on rucksacks / ban on football				
What makes you feel better when you are feeling sad?	Friends / hug / talking to an adult, teacher / kindness / playing / jokes-laughs / fun lessons / smiles / dojos / football / sports / people being nice, cheering you up / Tracy / calming down /breaks, lunchtime, hometime / milk / PE / food / deep breaths Teddy / parent				

### **Actions to implement from this survey:**

- Continued implementation of Zones of Regulation and Growth Mindset principles
- Wellbeing Champions meeting fortnightly with Wellbeing Officer to discuss further support they can offer in class and outside
- Wellbeing Policy to be created in April 2018 – will hold further strategies / resources
- Pyramid of Need class posters created by class teachers to highlight vulnerable pupils across the school
- Launch of OPAL strategy in Spring 2<sup>nd</sup> 2018 will improve playtimes and wellbeing outside
- Continued implementation of targeted interventions of support to promote social and emotional wellbeing