

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	OPTION 1 Margherita pizza & oven baked wedges	Mixed bean bolognaise with penne pasta	Vegetable sausages with roast potatoes & gravy	Pea-powered vegetable stir fry with carrot rice	Vegetable nuggets, chips & tomato ketchup
	OPTION 2 Roasted vegetable pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice	Fish fingers, chips & tomato ketchup
Veggies 	Broccoli	Carrots & peas	Carrot & cabbage	Broccoli & Cauliflower	Baked beans
Pasta 	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Filled Rolls 	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Lemon shortbread biscuit	Chocolate & banana brownie sponge	Orange jelly & mandarins	Baked apple & cinnamon sponge	Strawberry yogurt & strawberry sauce

Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Main Meal

OPTION 1
OPTION 2

Veggies

Pasta

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges 	Pea-powered vegetable pie & new potatoes 	Cheesy cauliflower pasta bake 	Lentil & sweet potato dahl with vegetable rice   	Vegetable sausages, chips & tomato ketchup 
Tomato, spinach & salmon pasta  	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice  	Fish & chips with tomato ketchup
Broccoli 	Peas 	Carrots & cauliflower 	Selection from the salad bar 	Peas 
Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Watermelon Wedge 	Oaty apple crumble & custard 	Chocolate Mousse 	Carrot cake with orange glaze 	Raspberry jelly & mandarins 

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Main Meal

OPTION 1
OPTION 2

Veggies

Pasta

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 
Rainbow vegetable stir fried rice 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 
Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Chocolate Shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake 

Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 