

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

MAIN MEAL



OPTION 1

OPTION 2

Cheese & Bean Lasagne



Margherita Pizza & Wedges



Vegan Lentil & Stuffing Pastry Roll



BBQ Quorn & Peppers & Rice



Vegan Vegetable Nuggets & Chips



Rainbow Vegetable Stir Fry Noodles



Traditional Creamy Beef Lasagne



Roast Gammon & Gravy

Chicken in a Katsu Curry Sauce & Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



Cheese Sauce



House Tomato Sauce



Cheese Sauce



House Tomato Sauce



Creamy Pesto



Tuna Mayo Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Cheese

Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice

Vegetarian

Vegan



Added Wholewheat



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita  
Pizza & Wedges



Vegan Sausage & Mashed  
Potatoes & Gravy



Vegan Cottage Pie  
& Gravy



Cheesy Cauliflower  
Pasta Bake



Tex-Mex Vegetable  
Fajita Wrap



MSC Approved  
Salmon Pasta Bake



Pork & Beef Sausage,  
Mashed Potatoes & Gravy

Roast Turkey with Roast  
Potatoes & Gravy

Mild Caribbean Chicken  
Curry & Carrot Rice



MSC Approved  
Fish & Chips

Peas



Carrot  
& Peas



Broccoli &  
Cauliflower

Carrot &  
Mixed Salad



Baked Beans



Cheese  
Sauce



House Tomato  
Sauce



Cheese  
Sauce



House Tomato  
Sauce



Creamy  
Pesto



Tuna Mayo  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

## AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry  
Mousse



Oaty Apple  
Crumble & Custard



Original  
Flapjack



Chocolate &  
Carrot Muffin



Raspberry Jelly &  
Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

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Vegan

Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegetarian Chilli Nacho Bake & Rice	Vegan Roast Quorn Fillet with Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
	<b>OPTION 2</b> Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Mild Beef Chilli & Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
<b>VEGGIES</b> 	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
<b>PASTA</b> 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto
<b>FILLED ROLLS</b> 	Tuna Mayo Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

**SWEET TREATS**

Strawberry Yoghurt & Strawberry Sauce

Mixed Berry & Apple Crumble with Custard

Orange Jelly & Mandarins

Gingerbread Squares with Custard

Garden Brownie

Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

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