



<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	<b>Cheesy Salmon Sub Melt with Baked Wedges</b>	<b>Smokey Bean &amp; Beef Pasta</b>	<b>Roast Gammon &amp; Roast Potatoes with Gravy</b>	<b>Mild Chicken Massaman Curry with Wholegrain &amp; White Rice</b>	<b>Fish Fingers &amp; Chips</b>
<b>VEGETARIAN MAIN MEAL</b>	<b>Italian Cheese &amp; Tomato Pizza with Baked Wedges</b>	<b>Plant Based Meatball Pasta Bake</b>	<b>Vegan Sausage Puff &amp; Roast Potatoes with Gravy</b>	<b>Vegan Sweet &amp; Sour Butternut Squash with Wholegrain &amp; White Rice</b>	<b>Vegan Vegetable Nuggets &amp; Chips</b>
<b>PASTA</b>	<b>Pasta with Tomato &amp; Basil Sauce</b>	<b>Pasta with Cheese Sauce</b>	<b>Pasta with Tomato &amp; Basil Sauce</b>	<b>Pasta with Cheese Sauce</b>	<b>Pasta with Tomato &amp; Basil Sauce</b>
<b>VEGETABLES</b>	<b>Carrots &amp; Peas</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
<b>JACKET POTATOES</b>	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
<b>PUDDING</b>	<b>Vanilla Yoghurt</b>	<b>Apple Strudel &amp; Custard</b>	<b>Strawberry Jelly &amp; Mandarins</b>	<b>Apple &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Vegan Shortbread</b>
<b>PICK 2 MIX ROLLS &amp; DESSERT</b>	<b>Ham Roll Cheese Roll Vanilla Yoghurt</b>	<b>Chicken Roll Egg Mayonnaise Roll Apple Strudel &amp; Custard</b>	<b>Ham Roll Cheese Roll Strawberry Jelly &amp; Mandarins</b>	<b>Tuna Mayonnaise Roll Cheese Roll Apple &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Ham Roll Egg Mayonnaise Roll Vegan Shortbread</b>



<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Vegan Plant Based Sausage & Mash	Chicken & Tomato Pasta Bake	Roast Turkey & Roast Potatoes with Gravy	Mild Mexican Beef Chilli with Wholegrain & White Carrot Rice	Battered Fish & Chips
<b>VEGETARIAN MAIN MEAL</b>	Vegan Plant Based Sausage & Mash	Vegan Baked Gnocchi in Tomato & Basil Sauce	Red Pepper & Spinach Spanish Omelette	Vegan Mild Plant Based Chilli with Wholegrain & White Carrot Rice	Margherita Wrap & Chips
<b>PASTA</b>	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
<b>VEGETABLES</b>	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vanilla Yoghurt	Peach & Pineapple Crumble with Custard	Orange Jelly	Eves Pudding & Vanilla Sauce	Chocolate Cookie
<b>PICK &amp; MIX ROLLS &amp; DESSERT</b>	Ham Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Peach & Pineapple Crumble with Custard	Ham Roll Cheese Roll Orange Jelly	Tuna Mayonnaise Roll Cheese Roll Eves Pudding & Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Chocolate Cookie



<b>WEEK 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognese with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Bhuna Curry with Wholegrain & White Carrot Rice	Fish Fingers & Chips
<b>VEGETARIAN MAIN MEAL</b>	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Plant Based Bolognese with Wholegrain & White Pasta	Macaroni Cheese	Mild Chickpea & Paneer Korma with Wholegrain & White Carrot Rice	Vegan Falafel Kofta & Chips with Asian Slaw
<b>PASTA</b>	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
<b>VEGETABLES</b>	Sweetcorn	Carrots & Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vanilla Yoghurt	Blueberry Muffin	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	White Chocolate Crispie Cake
<b>PICK &amp; MIX ROLLS &amp; DESSERT</b>	Egg Mayonnaise Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Blueberry Muffin	Ham Roll Cheese Roll Strawberry Jelly with Fruit Cocktail	Tuna Mayonnaise Roll Cheese Roll Homemade Apple Crumble & Custard	Ham Roll Egg Mayonnaise Roll White Chocolate Crispie Cake