

# Menu: Spring Summer 24

Week One - 15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

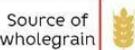
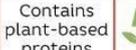
	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Cheese & Tomato Pizza Served with Wholemeal Garlic Bread 	All Day Pork Sausage Breakfast Served with Baked Omelette, Tiny Tater Hash Browns and Baked Beans or Sweetcorn	Chicken Pie Served with Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry Served with Mixed Rice 	Friday Fish Fingers Served with Chips and Tomato Ketchup
Vegetarian Main	Creamy Vegetable Penne Pasta  Carbonara	All Day Veggie Sausage Breakfast Served with Baked Omelette, Tiny Tater Hash Browns and Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) Served with Mashed Potato 	Sweet Potato, Spinach and Chickpea Korma (Ve) Served with Mixed Rice 	Cheese Flan or Quiche Served with Chips and Tomato Ketchup
Jacket or Pasta	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise
Daily Sandwich	Freshly made sandwiches with Cheese, Tuna Mayonnaise or Ham				
Vegetables	Selection of Daily Vegetables and Mixed Fresh Fruit				
Dessert	Marble Sponge and Custard	Chocolate Shortbread Biscuits and Fruit Slices (Ve) 	Iced Banana Tray Bake	Oat & Raisin Cookie (Ve) and Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

# Week Two - 22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Summer Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Roast Chicken Serves with Skin-on Roast Potatoes and Gravy	Beef Bolognese with Penne Pasta 	Friday Fish Fingers Served with Chips and Tomato Ketchup
Vegetarian Main	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad 	Home Baked Vegetarian Lasagne 	Veggie Mince Bolognese with Penne Pasta (Ve) 	Cheese & Onion Puff Pastry Roll Served with Chips and Tomato Ketchup
Jacket or Pasta	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise
Daily Sandwich	Freshly made sandwiches with Cheese, Tuna Mayonnaise or Ham				
Vegetables	Selection of Daily Vegetables and Mixed Fresh Fruit				
Dessert	Ginger & Mandarin Tray Bake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade ~Shortbread Biscuits (Ve)

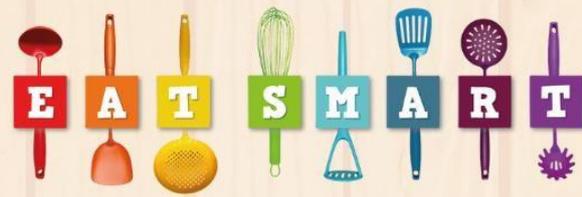
Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Week Three - 29 Apr, 20 May: 10 June: 1 July: 22 July: 12 Aug: 2 Sept: 23 Sept: 14 Oct

	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin-on Baked Potato Wedges	Roast Chicken Served with Skin-on Roast Potatoes and Gravy	Korean Style Sticky BBQ Chicken & Vegetables Served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main	Mildly Spiced Vegetable Chilli & Rice (Ve) 	Cheese & Onion Puff Pastry Roll Served with Homemade Skin-on Baked Potato Wedges	Veggie Sausage served with Skin-on Roast Potatoes and Gravy	Korean Style Sticky BBQ Quorn Vegetables Served with Noodles 	Homemade Cheese & Tomato Pizza Whirl with Chips
Jacket or Pasta	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise	Pasta with Cheese Sauce or Tomato & Basil Sauce	Jacket Potato with Beans, Cheese or Tuna Mayonnaise
Daily Sandwich	Freshly made sandwiches with Cheese, Tuna Mayonnaise or Ham				
Vegetables	Selection of Daily Vegetables and Mixed Fresh Fruit				
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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